

| Glucose Monitoring Record: | | | | | | | | | |
|----------------------------|------|---------------|----------------|-----------------------------|---------------|---------------|----------------|---------|--|
| Goals: < 110 mg/dL fasting | | | | < 140 mg/dL 2hr after meals | | | | | |
| | Meds | Brkfst Pre | Brkfst Post | Lunch Pre | Lunch Post | Dinner Pre | Dinner Post | Bedtime | |
| Mon | | | | | | | | | |
| | | | | | | | | | |
| | | Comments | | | | | | | |
| Tue | | | | | | | | | |
| | | | | | | | | | |
| | | Comments | | | | | | | |
| Wed | | | | | | | | | |
| | | | | | | | | | |
| | | Comments | | | | | | | |
| Thu | | | | | | | | | |
| | | | | | | | | | |
| | | Comments | | | | | | | |
| Fri | | | | | | | | | |
| | | | | | | | | | |
| | | Comments | | | | | | | |
| Sat | | | | | | | | | |
| | | | | | | | | | |
| | | Comments | | | | | | | |
| Sun | | | | | | | | | |
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| | | Comments | | | | | | | |
| Name: | | | | DOB: | | | | | |

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| Notes: | | | | | | | | | |