	Glucose Monitoring Record:										Glucose Monitoring Record:								
Goals	: < 110 mg/	dL fasting	j	< 140 mg/dL 2hr after meals						Goals: < 110 mg/dL fasting			< 140 mg/dL 2hr after meals						
	Meds	Brkfst Pre	Brkfst Post	Lunch Pre	Lunch Post	Dinner Pre	Dinner Post	Bedtime		Meds	Brkfst Pre	Brkfst Post	Lunch Pre	Lunch Post	Dinner Pre	Dinner Post	Bedtime		
Mon									Mon										
	Comments									Comments							1		
Tue									Tue										
	Comments									Comments									
Wed									Wed										
	Comments									Comments									
Thu									Thu										
	Comments										Comments								
Fri									Fri										
		Comments									Comments	1							
Sat									Sat										
		Comments									Comments	1							
Sun									Sun										
		Comment	ts								Comments	1							
Name: DOB:							Note	es:											